

# The Truth about Chinese Medicine Cosmetic

## Acupuncture for Facial Beauty

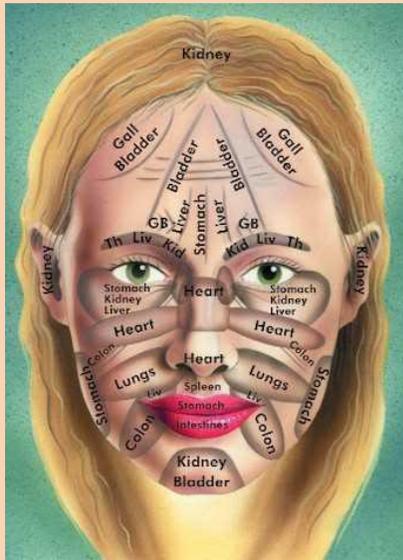
What is Chinese medicine cosmetic acupuncture?

As part of the development of human civilization, Chinese medicine for beauty and longevity has been created with the progression of Traditional Chinese Medicine. Cosmetic acupuncture is also known as acupuncture facial rejuvenation or acupuncture facelift. Recently, cosmetic acupuncture has gained public attention. There are an increasing number of full-service spas including cosmetic acupuncture treatments.

Acupuncture's ability to improve a variety of skin conditions has been documented in clinical studies. This modality can enhance not only your physical appearance but your overall health, giving you a glow that radiates from deep within.

Records show that from the Jin Dynasty (265-420 AD) to the last Qing Dynasty (1616-1911), there is about 2,000 natural herbal beauty prescriptions. The most well known Tang Dynasty Doctor Sun si miao (581-682) known as the "Herbal King" in Chinese history wrote about 130 beauty prescription for facial skin, lips, teeth, hair and body smell. The prescriptions are for external and internal use. Based on body pattern diagnosis, herbal and food therapy formulas were created to balance the organs internally.





One of the concepts of Chinese medicine is that different parts of the facial skin correspond with internal organs. When there is organ disharmony, the corresponding area of the facial skin will appear with symptoms. Traditional Chinese Medicine facial diagnosis can indicate inner organ problems. Based on those indicators treating the facial skin will assist in balancing the inner organs.

Chinese cosmetic acupuncture is not only for treating local skin on the face but it helps to balance the organs, enhances energy and blood circulation, and unblocks the stagnation

to ensure long term benefits.

There is a common misconception that cosmetic acupuncture and facial rejuvenation involves just the application of needles onto the face and nowhere else on the body. While cosmetic acupuncture can stimulate and relax the muscles beneath the wrinkles causing them to fade and diminish, this is only a small facet of a treatment.

Traditional Chinese Medicine views aging according to the same fundamental principle- that the body as a whole and the aspects of the patient (mental, physical, spiritual) must be examined to fully understand the factors contributing to the degenerative aging process. While a patient may be seeking treatment specifically to eliminate fine lines and diminish the appearance of larger deeper wrinkles, a cosmetic acupuncture and facial rejuvenation treatment involves a complete whole body treatment. This treatment will increase the body's inner capacity to fight disease and degeneration as well as balance and harmonize the body. The treatment will reduce stress, increase energy and promoting total health and well being.



Remember, that the skin is one of our body's organs that will connect with all the other organs and outside environments. Internal organ disharmony and external factors such as sun, wind and dryness will have an impact on the appearance of skin.

Just like an acupuncture treatment, a cosmetic acupuncture and facial rejuvenation treatment is tailored to go with each individual's needs and body type.



### Can cosmetic acupuncture be equaled to a surgical face lift?

A cosmetic acupuncture and facial rejuvenation treatment is a protocol that treats from the inside out and is best employed as a preventative and anti-aging technique. It is a safe and healthy way to maintain or achieve a more youthful appearance and help individuals age gracefully, minimizing the occurrence and prevalence of premature wrinkles, lines, and age spots. Facial skin problems do not happen in one day. Years of stress, sun damage, exposure to harsh environments and a unhealthy eating life style all are factors. There are no overnight magical cures. It is a process to work holistically in correcting the body's imbalance, clear toxins and to change the diet and life style.

At this point, cosmetic acupuncture facial rejuvenation is not equal to a surgical face lift.



At the Traditional Chinese Medicine Clinic, the initial consultation for cosmetic acupuncture is primary to understanding your body constitution, underlining organ imbalance and diet factors that contribute to the skin condition. The best candidate for cosmetic acupuncture and facial rejuvenation has realistic expectations. The benefits of facial rejuvenation is not

only limited to cosmetically reducing fine lines, wrinkles and discoloration, and firming and tightening the skin to reduce under eye bags and increase the overall skin tone. Many people notice an improvement in digestion, increased sleep levels, increased energy levels, a reduction in pain, better mental clarity, and reduced stress.

## **What are the different facial beauty therapies offered by the Traditional Chinese Medicine Clinic?**

We research, collect and preserve the wisdom in beauty and well being therapies from ancient “secrets”.

Dietary recommendations are prescribed according to one’s skin and body type.

A freshly made customized facial therapeutic herbal mask prescription is prepared to fit your skin type. Many times a variety of flower essences are combined with Ancient Chinese Royal family facial treatment modalities.



We use the best quality and organic herbs available from reliable sources.

## **How is the cosmetic acupuncture therapy performed?**

Cosmetic Acupuncture in the United States is still new.

Cosmetic acupuncture includes many modalities besides using needle work on facial meridians and problem areas such as Gua Sha, Tiao Zhen, Dao Zhen, facial meridian massage and external herbal formula application. More modalities continue to be created in China.



At the Traditional Chinese Medicine Clinic, we dedicate ourselves to researching and studying thousands of herbal beauty formulas. With our creative thinking, we develop new methods to transform and enhance those treatment secrets with modern equipment provide the best results for our clients.

Your satisfaction is our goal.

### **What are the most current cosmetic facial therapies offered at the Traditional Chinese Medicine Clinic?**



#### **Lunch Break Face Lift (45-60 min)**

This includes body constitution identification and balancing treatments with traditional moxibustion, jade cooling, and facial meridian therapies.



#### **Total Anti-Wrinkle Face Lift (90-120 min)**

This is the best facial therapy you will ever experience!

This combines ancient secret beauty therapies with the use of modern equipment.



#### **Collagen Micro Delivery Face Lift (45- 60 min)**

This newly developed method is designed for delivery of the purest collagen directly under the skin, and targets areas to reduce wrinkles with minimal discomfort.



#### **Micro Delivery Photo Facial Lift (45-60 min)**

This uses micro delivery system is used to deliver high quality herbal essences that brighten the skin and reduce skin discoloration and sun damage.



#### **Re-Construction Face Lift (45-60 min)**

This applies multiple Traditional Chinese Medicine therapies to treat scar tissues and blemishes that affect facial appearance.

